2025 KidzFix Foundation Projects



12th – 20th September 2025 | Lithgow to Eden via Morne

PROJECT 1 – Geelong, VIC – ON-ROUTE PROJECT

Barwon Health Foundation – Infant Resuscitation Warmer

When our very youngest community members fall ill, time is critical and comfort is paramount. Purchasing an Infant Resuscitation Warmer for University Hospital Geelong's Emergency Department would enable the smallest patients from Greater Geelong and beyond to be assessed swiftly and with as much comfort as possible, This equipment would help to monitor and regulate a baby's temperature during examination with the ability to provide oxygen to support an infant's breathing where required. This vital equipment would aid the exceptional Barwon Health staff in their work of saving lives just as they begin.

Total Project Cost - \$45,000

PROJECT 2 - NSW

Cerebral Palsy Alliance - Equipment and resource for children with disability

Babies and children with cerebral palsy and similar disabilities often need specialised support to help them reach their developmental milestones and individual therapy goals. To make sure our therapists can deliver the right intervention for each child, at the right time to achieve the best outcomes, they need access to a wide range of toys, therapy equipment and resources.

A donation to Cerebral Palsy Alliance for therapy equipment could support children to:

- Learn to control technology for independent communication and mobility
- Use play to develop new neural pathways to help overcome the impairment caused by brain injury, using toys to encourage, practice and repeat certain movements to strengthen connections
- Sleep better with access to positioning equipment
- Access evidence-based assessments to support intervention planning, goal achievement and NDIS plan reviews.

Total Project Cost - \$17,000

PROJECT 3 – Queenscliff, VIC – ON-ROUTE PROJECT

Cottage By The Sea - 6 x stand-up paddle boards and wetsuits

Cottage By The Sea provides short-stay programs for children who are in need and at-risk for reasons including family breakdown, domestic violence, trauma, poverty, cultural disadvantage or lack of educational opportunities. We receive no government funding for programs. The opportunity provided to the children on our program to experience for many their first beach experience is always amazing. The lessons learnt, bonds and connections made with peers during this time will be enhanced by more children being able to use our wetsuits and Stand-Up Paddle Boards.

In 2024, The Impact of Cottage by the Sea: From Ripples to Waves explored medium-to-long-term impacts through interviews with current and former participants. It concluded that an experience at Cottage is lifechanging. It said: "The impact could only be understood once all aspects of the program were seen as working together. It was these aspects that turned the ripple effects of Cottage into the waves that often carried these children through their lives."

Total Project Cost - \$13,370

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PROJECT 4 – Shoalhaven, NSW

Shoalhaven District Memorial Hospital Emergency Ward – 6 x Advanced Paediatric Life Support Training (APLS)

Training is our most important funding project. The funding for the Advanced Paediatric Life Support (APLS) course for Emergency Nurses and Paediatric Ward Nurses also. Providing greater care for children as they attend the hospital.

Total Project Cost - \$21,000

PROJECT 5 - Traralgon, VIC

Latrobe Regional Health – 4 x BD Alaris NeXus Syringe Pumps

LRH aims to provide our community with access to state-of-the-art technology and equipment. Our vision is: Better care, everywhere, for everyone and we work to ensure people of all ages in Gippsland have access to the best care, as close to home as possible.

These latest pieces of equipment will reassure children, parents and the community that LRH has the capability to deliver safe, comfortable care.

Total Project Cost - \$13,800

PROJECT 6 - NSW

Freedom Solutions – 6 x Mobility Bikes

The Freedom Wheels bike service sees people with disabilities ride a bike, sometimes for the first time, thanks to custom supports on the range of bikes and trikes. The team of health professionals assess each client and prescribe a bike designed to support their physical and cognitive needs. KidzFix will fully fund bikes, trikes and frame runners for kids and teens living with a disability who have been on the waiting list for a long period of time and/or who have been declined funding by the NDIS. An integral step in removing the financial burden for many families so that their son/daughter can achieve their goals such as increasing community engagement, physical activity, emotional well-being and social inclusion.

Total Project Cost - \$20,000

PROJECT 7 – Parkville, VIC

The Royal Women's Hospital – The Sleepover Ottoman

This project provides parents with a comfortable, private space to rest, breastfeed, or sleep overnight while caring for their sick babies in the Neonatal Intensive Care Unit (NICU) at the Women's.

Parents often spend long hours at the hospital, and the ottoman helps to provide respite and reduce stress by offering a nearby place to sleep and stay close to their unwell and premature baby.

This project also gives mothers a comfortable place to breastfeed in a quiet and private space.

Improving parents' physical and emotional well-being helps them maintain a strong bond with their baby during this very challenging time.

Total Project Cost - \$5,671

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PROJECT 8 – Geelong, VIC

Sharing Tulli's Smile – 100 x Music Therapy Sessions

Sharing Tulli's Smile is seeking support from the KidzFix to fund music therapy sessions for sick and injured children at Barwon Health's University Hospital Geelong Children's Ward. Music therapy is a research-based practice that can support children of all ages, regardless of musical skill, culture or background. Hospital music therapy works to reduce isolation and stress, encourage coping and resilience, and improve wellbeing through choice making, distraction, and relaxation.

It is a proven, creative way to provide calm, care and connection to sick or injured young people who are feeling vulnerable and disconnected from their comfort items and/or support network, may be intimidated by an unfamiliar clinical environment, and are commonly undergoing uncomfortable procedures and tests. These qualified music therapists customise sessions around the needs of the hospital's youngest patients. It could involve sitting by their bed strumming an acoustic guitar, bringing out an array of musical instruments for toddlers to create their own magic sounds, asking for requests so tween and teens can hear their favourite song be sung to them, or perhaps getting them to participate in a song writing activity. Sometimes it involves sitting in the doorway of a patient who needs to be in isolation, singing to them from afar.

Total Project Cost - \$10,000

PROJECT 9 – Regional NSW

Speech Therapy – 20 x Speech Therapy Sessions

Assisting families who are priced out of providing speech therapy for their children prior to starting school. The area of focus is Cobar and surrounding towns. Assisting up to 20 families on a waiting list for funding before their children can attend speech pathology sessions prior to starting school.

Total Project Cost - \$10,000

PROJECT 10 - Sydney, NSW

Children of Light Program – 12 Months of Activities

Children of Light is a heartwarming initiative of St. Charbel's Church, lovingly run by the families, friends, and carers of children with special needs. This supportive program creates a welcoming space for children and their families to come together every second Saturday throughout the year, including Easter holidays, Christmas, and school holidays.

Each gathering is a beautiful opportunity for up to 60 children to engage in a variety of enriching activities such as play therapy, sensory and sound experiences, educational programs, games, and even food making. More than just an event, it's a chance for families to connect, share stories, and build friendships with others facing similar challenges.

Providing 12 months of activities for up to 70 special needs children twice a month for 4 hours on Saturdays, as well as during school holidays, Easter, and Christmas.

Total Project Cost - \$2,000

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PROJECT 11 - Dubbo and Surrounds, NSW

Macquarie Homestay – Resources and Equipment

Macquarie Homestay Dubbo, provides affordable, high-quality accommodation for patients and their companions who need to travel to Dubbo for various medical treatments. Purchasing equipment to support children using the facility at MHD.

Total Project Cost - \$10,000

Total 2024 Project Commitment: \$168,341

Please note: If fundraising targets are met, additional appeals will be committed to.

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